

# Guilford



# Events

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Volume 1 • Premiere Issue • 2012



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ISSUE**

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The Vista Tour de Shore is a fundraising cycling event to support the Endowment Fund of Vista Vocational & Life Skills Center, a non-profit educational program for adults with neurological disabilities along the Connecticut Shoreline.

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## Forte's Market

Forte's Market started in North Branford in 1914.

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Four generations later, Forte's Gourmet Food Market is still cutting high-quality meats. The Forte family and staff work hard to give their customers a choice of angus, all natural and grass fed beef, plus lamb, pork and chicken.

Ron and his wife Lynn opened Forte's Market in Guilford in a small shop in Mulberry Plaza. After ten years, the small store was bursting at the seams. In 2005, they purchased the 'Green House' built in the 1750s at 1153 Boston Post Road, where the store is today.

Forte's Gourmet Market has become a destination where you can find unique items like truffles & truffle butter and the finest Italian pasta & ravioli. You'll find assorted and locally-made pot pies, and store-made prepared foods such as fresh-made pasta salads, salmon dishes, grilled chicken and assorted vegetables. There is always something coming out of the smoker; ribs, brisket and pulled pork. They have any cut of meat you can think of.

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## First Selectman's Corner

Welcome to the inaugural edition of *Guilford Events* magazine. This is a new communication vehicle for Town Hall and our departments, to update you on many of the fine things happening within our community. This magazine was developed in conjunction with Essex Printing of Centerbrook, Connecticut. They will incorporate our input to produce and distribute this magazine on a quarterly basis, to all Guilford residential locations, at NO COST to the Town. This will not replace or lessen any of the other ways we communicate to our citizens, such as GCTV, local papers, public meetings, our Town website and our Facebook page, but it will supplement all of these methods. While we will highlight some historical information, our primary focus will be on the upcoming quarter of things you can look forward to. We intend to feature information from all of our departments throughout the year. When practical, we will include information from other organizations around town, all with the intention of keeping our residents informed. We welcome your feedback. If there is a particular department or subject you would like to see addressed, we will do our best to incorporate information in future additions of *Guilford Events*.

I would like to make you aware of a project we have initiated and that is the 375th Anniversary Celebration of Guilford, which will occur in 2014. While it may seem like

something in the "distant future," it is actually right around the corner for planning purposes. We have established a Steering Committee which is defining special events to occur throughout 2014. Members include Veronica Wallace, Chair Person; Brian McGlone, Vice Chair; Mary Beeman, Secretary; Kyle Eagleson, Treasurer; Janet Testa, Anita Catardi, Barbara Hemming, Bill Leete, David Rosenthal, Margaret Livingston, Stephen Page, Karen Stephens, Edwin Bartlett, Carl Balestracci, Lesley Marcus and Gene Bishop.



Our members have diverse backgrounds, experiences and knowledge of our community. We welcome any and all volunteers. Feel free to contact any of the above or leave a message at the Town Hall Office at 203-453-8015.

The committee is planning to develop several unique events to celebrate our anniversary. In addition, they will be working with many organizations throughout the Town to add a "375" flare to their events.

2014 will certainly be an exciting year as we Celebrate Guilford!

*Joseph Mazza, First Selectman*



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## Economic Development

As you are driving around Town, you may have noticed some of our “former” vacant sites filling up and being upgraded. We are pleased the Stone House and The Moorings Restaurants have been open for several months now, successfully recovering from the devastating impact of Storm Irene. Centro Pizza recently opened on Whitfield Street, with beautiful views of our Town Green. Their specialty pizza and Italian dishes are certainly bringing families, young and old to our downtown area. When inside, you will see the old Dudley and Beckwith sign that was buried under layers on the building front. Renovations are underway at the former Friendly’s site to house the Brownstone of Guilford, expected to be open in July. The same owners have the Brownstone of Hamden, a local eatery noted for its breakfast and lunch fare. Significant activity has been underway within the plaza at the corner of Rt. 1 and Rt. 77. Construction has been completed on the recent CVS expansion. Villa Nails took over one of the available suites, and now Super Cuts and Frogurt Time have come to this plaza. A couple of spaces remain and we are working with the landlord on prospects. Within the Shoreline Plaza, Yuppy Puppy recently opened, providing pets and supplies.

*Continued on page 5*

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*Economic Development ... continued from page 4*

Village Green Gardens is providing gardening supplies at the former "Fonicello property" along Rt.1. The long-term plan for that site is still in development by the owners, but in the meantime, Village Greens Gardens has certainly added color and value to this site.

On the industrial side, The Safety Zone now occupies the former Arkwright site on Long Hill Road. This is now a major distribution center for this company, headquartered in Essex, CT. They have made significant investments to improve this site. Total Quality recently moved from East Haven into a site on Soundview Road that had been vacant for years. Their work continues to progress, but much has been done already to clean-up the site, improve drainage, make repairs and painting of the building.

We appreciate all of these businesses in Guilford. They contribute to our local economy, providing jobs, needed services and not to mention, enhance our grand list.

You may have noticed the "Rock Pile" site near Exit 57 has been put up For Sale. Although several retail proposals were considered, many factors impacted the owners from moving forward. Therefore, they are exploring the sale of the site while they evaluate other options to make productive use of this land. And, the "Mannix" site is

being marketed as available for a Ground Lease or Build to Suit. Approved uses in that zone include for example; Hotel/Motel, Retail Stores, Medical Offices and Restaurants.

Through this office, Guilford has become an active member of "REX", the Regional Economic Xcelleration group, consisting of 15 neighboring Towns. This organization is supporting economic development through businesses and driving tourism throughout our widespread area. REX worked with the Economic Development and Chamber of Commerce Offices, to Drive "Cash Mob" to Guilford on June 16. The idea is to drive business and buy locally. Flutterby's was the featured location based on a survey to shoppers. Many of our other retailers and restaurants offered special promotions on that day as well. REX also has close ties to State and Federal Programs which may benefit Guilford. And, they are active in looking at key transportation issues, being the roadways, air and rail systems.

We have many other initiatives underway that will be discussed in future issues.

*Brian McGlone*

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## From the Publisher

Essex Printing and Events Magazines would like to warmly welcome the Town of Guilford as its newest "partner." Guilford Events Magazine is a quarterly publication that will provide each Guilford resident with a host of important community information.

- ~ You will hear from your First Selectman, Joe Mazza, through the "First Selectman's Corner."
- ~ You will learn about upcoming community events and activities.
- ~ You will have access to valuable articles affecting you, your family and community.
- ~ You will be able to connect with businesses in Guilford and the surrounding area.
- ~ You will hear about all that is happening in your town.

We are confident that *Guilford Events Magazine* will quickly become a trusted source of information for you and your community, just as *Events Magazines* have become in nine other Connecticut towns over the past 16 years. We look forward to serving the Town of Guilford.

Sincerely,  
 William McMinn  
 Essex Printing & Events Magazines



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The Next Deadline for Guilford Events is September 11

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## Guilford Town Marina

This summer the Guilford Town Marina is showing off brand new docks with all new water and power pedestals and aluminum access ramps. They look great after dark. The new decking on the docks is made from recycled plastic milk containers in keeping with the Guilford Town Marina's designation as a Connecticut Clean Marina. No maintenance except for occasional wash downs is required. The wood docks that were replaced were 25-30 years old and required constant repair.

The marina basin and the Federal channel were dredged over the winter to a depth of 6' in the Federal channel and 5' in the marina basin at mean low water. The Army Corps of Engineers granted permission to dredge the Federal channel, but provided no funding. All the work done at the Guilford Town Marina including new docks, dredging, and parking lot repair, was funded by the fees charged to slip holders. No town funds were used. FEMA funds for the parking lot have been applied for.

Repairs to the damage caused by tropical storm Irene have been completed. The pavement has been repaired and the riprap facing Grass Island has been improved. New picnic tables and park benches also made from recycled milk containers have been installed.



The Leete's Island Garden Club has refurbished the islands in the parking lot with all new soil and plantings. They also maintain the flowers in the flower boxes at each dock, as well as the barrels and planters in the picnic area.

We are looking forward to a summer with fair winds and following seas.

*Rod McLennan, Dockmaster*

*Hank Graver, Marina Commission Chairman*

### Summer CONCERTS on the Green

**Sunday July 1** / 6:30-8:00 pm / Goza Latin Jazz,  
Sponsored by Shoreline Arts Alliance

**Sunday, July 8** / 6:30-8:00 pm / Larry Stevens Band,  
Sponsored by Guilford Parks and Recreation

**Saturday, July 14** / 4:00-7:00 pm / Community Band  
& Picnic, Sponsored by Guilford Parks and Recreation

**Sunday, July 29** / 6:00-8:00 pm / Shoreline Jazz  
Collective, Sponsored by Guilford Parks and Recreation

**Sunday, August 19** / 6:30-8:00 pm / Nadia Turner  
(American Idol), Sponsored by Guilford Parks and  
Recreation

**Sunday, August 26** / 6:30-8:00 pm / Rod Stewart  
Tribute, Sponsored by Guilford Parks and Recreation

### ... And More Events

**Saturday, July 14** (Raindate July 15) / 7:00 pm  
Guilford Fairgrounds - Various Entertainment  
9:25 pm - Fireworks Display  
Sponsored by Guilford Parks and Recreation

**July 19 - 22** / Guilford Art Center Craft Expo  
July 19 & 20 / 12:00-9:00 pm  
July 21 / 10:00-7:00 pm  
July 22 / 12:00-5:00 pm  
Sponsored by Guilford Art Center

**Wednesday, July 25** / 3:00-5:00 pm  
Lake Quonnipaug / Sand Castle Building Contest  
Sponsored by Guilford Parks and Recreation

**August 1-5** / 7:30 pm - Guilford Green  
Shakespeare on the Green - Romeo & Juliet  
Sponsored by Shoreline Arts Alliance

**August 12** / 12:00-6:00 pm - Guilford Green  
Shoreline Jewish Festival  
Sponsored by Chabad of the Shoreline's

**Friday, August 17** / 3:00-6:00 pm - Jacobs Beach  
Steel Drum Band  
Sponsored by Guilford Parks and Recreation

**Sunday, September 9** / 12:00 pm - Community Center  
Grandparent's Day Essay Contest & Awards Brunch  
Sponsored by Guilford Parks and Recreation

**Sunday, September 9** / 1:00 pm - Guilford Green  
Guilford's Got Talent II  
Sponsored by D.A.Y., Parks and Recreation, Youth &  
Family

**Sunday, September 30** / 2:00-4:00 pm  
Community Center / Heal Our Land Musical Showcase  
Sponsored by Guilford Parks and Recreation

# Events

MAGAZINES



**Guilford Events**  
31 Park Street  
Guilford, CT 06437

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## Guilford's Got Talent II

D.A.Y., Guilford Youth and Family Services and Guilford Parks and Recreation present... Guilford's Got Talent II.

Guilford, we want to see your talent! Singing, dancing, comedy - we want to see it all on Sunday, September 9 at 1:00 p.m. at the Guilford Green.

The event will be hosted by Radio Personality John "Cadillac" Saville. The contest will run from May through August 10. Twenty finalists will be chosen to perform on the Guilford Green. Contest is open to Guilford residents only. One member of each act must be between the ages of 1-18.

To enter submit a video via email to [clowe@ci.guilford.ct.us](mailto:clowe@ci.guilford.ct.us) or mail to 32 Church Street, attn. Ellen Clow, Guilford, CT 06437 by August 10.

Video must be equal to or no greater than 3 minutes and must include a recent performance that is no more than 2 minutes 30 seconds. The act must include a short introduction stating the name of the act, ages of members, address, a contact phone number and any other information the act would like to convey.

Video must include members of the act only and must be recently created (within 1 year from the start of the submission period). If singing or playing an instrument, the act must perform live on tape and not lip-sync or pretend to play the instrument (i.e. no music videos where singing/playing is not captured with the performance). *Come out and support your local talented youth!*

## Exciting Whites for Summer

Summer is just around the corner and it is time to start planning on enjoying great times with friends and family. Whether it be picnics, the beach, barbeques or just relaxing on the deck at home there are always exciting summer wines to enjoy with your festivities. Although Chardonnay and Pinot Grigio are very popular, there are other very interesting and tasty whites worth experimenting with.

One of the lightest whites is from Portugal and is called Vinho Verde, meaning "Green Wine," and is meant to be drunk young. It is a very light and refreshing wine with a small amount of effervescence. This type of wine is low in alcohol and fairly inexpensive.

Austria produces a popular white called Gruner Veltliner which is grown in over one third of their vineyards. This wine is medium-bodied with a dry finish and can also take on some spicy qualities. Over time it will develop into a fuller wine, much like a White Burgundy from France.

*Continued on bottom, next page*



# 3rd Annual Kelley Mason Memorial Brunch

## Seat Belt Safety and Awareness

As a parent you always worry about your children. You try to protect them and guide them. On September 17th, 2009, the Mason's answered the door no parent wants to answer. Their thoughts were; "How could this happen? It happens to someone you see on TV or read about in the paper, but it does not happen to us! How could Kelley have not been wearing her seatbelt?" Her parents reminded her a hundred times to buckle up. One more exit and she would have been home safe. It takes 10 seconds to put on a seatbelt, and that 10 seconds would have saved her life. With the loss of Kelley, the Mason's work year-round to save another family from getting that knock at their door. The pain never goes away. It can happen to anyone. It happened to them. Their lives will never be the same without Kelley.

Each year family and friends of Kelley Mason raise money in her memory to be used exclusively for seat belt safety awareness and enforcement. The Guilford Police Department conducts seat belt safety awareness programs, child safety seat installations, and seat belt enforcement checkpoints year round utilizing funds donated by the Mason family in Kelley's memory. The goal of this initiative is to honor Kelley's memory by increasing the proper use of safety belts and child restraint systems to ensure that other families do not suffer the same loss Kelley Mason's family did three years ago. Please consider supporting the 3rd Annual Kelley Mason



Memorial Brunch taking place on September 23 at Anthony's Ocean View, New Haven, from 11 a.m. to 3 p.m. All proceeds go to The Guilford Police Department Seatbelt Education Program.

*Deputy Police Chief  
Jeff Hutchinson*

### Exciting Whites ... continued from page 8

Up and coming is the varietal Chenin Blanc, a grape that has been around for a long time. Chenin Blanc has been growing in popularity in California and is known as Vouvray in France, which is the appellation where it is grown and produced. Chenin Blanc from these regions are soft and fruity. If you try a Chenin Blanc from South Africa however, you will be presented with a crisper, dryer finish with a small complexity of fruit. This grape is typically used for blending but is becoming more common on its own.

All of these wines are perfect to pair with seafood dishes, salads, cheeses and lighter meals, or just as a refreshing treat on a hot summer day. The next time you are looking for a white wine try something new, you just may be surprised at what you find!

*Art LiPuma, Manager, SeaSide Wine & Spirits*

## Guilford Parks & Recreation Summer Camps 2012

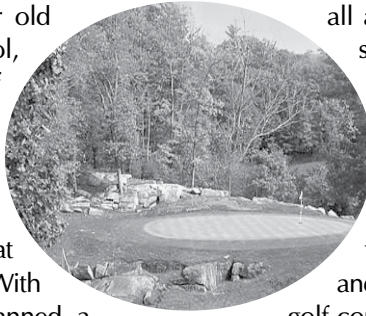
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## Guilford Lakes Golf Course - "Jewel of the Shoreline"

In the 1930's, Gardner Wheeler, a 16-year old student at New Haven's Hillhouse High School, thought it would be interesting to build a golf course. Mr. Wheeler was a budding engineer vacationing in Guilford Lakes with his family. The 14-acre property on North Madison Road, which was owned by a neighborhood association, already had a mini-course: two holes that went up and down the side of the street. With the landowner's permission, Mr. Wheeler planned a nine-hole course, hired a laborer to help him and began moving rocks and making fairways. The golf course and its clubhouse served as a hub for social events during the summers.



In the mid-1980's, the Town of Guilford purchased the golf course from the Guilford Lakes Association and incorporated this purchase as part of the Timberlands property. In July, 1996, the residents voted in a town referendum to re-open the golf course and to appropriate a bond issue to finance the reconstruction of the course. The Board of Selectmen created the Guilford Lakes Golf Course Commission to build, manage, and operate the golf course, which this Commission continues to do today.

The golf course re-opened to the public on July 28, 1999. Since it's reopening, the course has been a delight for golfers of

all ages, for the residents of Guilford as well as the surrounding communities. It has been referred to by many as "The Jewel of the Shoreline". Until July of 2011, the course was a 9-hole challenging par-3 course; however, the sixth hole was made a par 4. The golfer has the option to play in its original par 3 format or the new executive format. It has been recognized by several state and regional industry publications as the #1 par-3 golf course in the State of Connecticut for its playability and its impeccable conditions.

We currently have a Men's and Ladie's League. During the summer there will be registration for our Junior's League. The course is available for outings from Neighborhood Block Parties to Bachelor's/Bachelorettes golf outings. We hold several civic organizations golf outings during the year.

For information about our hours of operations, directions, rates, specials and memberships packages can be located on our website: [www.guilfordlakesgc.com](http://www.guilfordlakesgc.com) or call us at 203/453-8214. You can follow us on Facebook and be invited to special events, get weather updates and stay informed with specials and deals.

Guilford Lakes Golf Course, 200 North Madison Road.

*Golf Course Commission Chair Joseph Dunsmore*

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For registration or further information on program offered by the Guilford Free Library please visit our website or call (203)453-8282.

*"Go Green On The Green: Read a Book - Save the Earth"*  
SUMMER READING GAME 2012

School age readers, age 5 & up, can pick up their reading record at the library, or download them online. Younger readers, 4 and under, can pick up their game instructions at the library.

All those who read 10 books or have 10 books read to them will receive a certificate. All books read for the Guilford Free Library's "Go Green on the Green" Summer Reading Game count for all Guilford Public School reading assignments and any other summer reading programs that are offered.

*Drop in Children's Program*  
(No registration required) - open to all ages

Monday Morning Movies 10:30-11:15a.m.

- July 2: Arthur's Money Matters
- July 9: Arthur's Best Friends
- July 16: Arthur Saves the Day
- July 23: Arthur's Double Dare
- July 30: Arthur's Pet Follies



Pop-In Playtime

- Tuesdays June 12-Aug. 28 1:00-2:00p.m.
- Wednesdays June 13-Aug. 29 11:00-12:00p.m.

Board Games—Available anytime

*Children's Special's - Please register*

Within the Silence - Grades 4 +

Tuesday, July 10 2:30-3:30p.m.

Tom Lee Storyteller - Ages 5+

Wednesday, July 11 11:00-11:45a.m.

Magic & Fun Show - Ages 4 +

Wednesday, July 18 2:30-3:15p.m.

Rocky the Rock Cat - All ages

Friday, August 3 10:00-11:00a.m.

Flashes of Light - Ages 4 +

Thursday, August 16 2:30-3:30p.m.



*Children's Series - Please register*

Bedtime Stories - All ages

Mondays July 2-Aug.6 7:00-7:30p.m.

Tots and Tunes - Ages 0-5

Wednesdays July 11-Aug.15 10:00-10:30  
(No Class: Aug.1)

July Story Time - Ages 3 +

Tuesdays July 3-July 31 11:00-11:30a.m.

August Story Time - Ages 3 +

Wednesdays Aug. 1-Aug. 22 11:00-11:30a.m.

Nutmeg Award Intermediate Book Club (Grades 4-6)

Thursdays July 5-July 26 10:00-11:30a.m.

Stories and Crafts - Ages 6-8

Fridays July 6-July 27 10:00-10:45a.m.



# Guilford Free Library - [www.guilfordfreelibrary.org](http://www.guilfordfreelibrary.org)

For registration or further information on program offered by the Guilford Free Library please visit our website or call (203)453-8282.



## Programs for Teens

### Drop-In Gaming for Teens

Fridays June 29-Aug. 10 2:30-4:30p.m.

### Teen Book Discussion

Thursday July 12-Aug. 9 12:00-1:00p.m.

### Full Length Practice SAT Exam

Thursday July 19 3:30-8:00p.m.

### Henna Art for Teens

Wednesday August 1 3:00-4:00p.m.

### SAT vs. ACT—Which is Better for You?

Thursday August 2 7:00-8:00p.m.

### Full Length Practice PSAT Exam

Thursday August 23 3:30-6:00p.m.



## Programs for all ages

### Music Under the Stars

Joe Flood Thursday, July 12 7:00-8:00p.m.

Brian Gillie Thursday, July 26 7:00-8:00p.m.

### The Friends of Guilford Free Library Book & Bake Sale

Friday, September 28 9:00-5:00p.m.

Saturday, September 29 9:00-3:00p.m.

Sunday, September 30 11:00-3:00p.m.

## Programs for Adults

### Monday Night Movies Mondays @ 7:00p.m.

July 2 War Horse

July 9 The Iron Lady

July 16 A Separation

### Belly Dancing with Gina

Thursday August 16 7:00-8:00p.m.

### Chef Joel Gargano

Thursday August 30 7:00-8:00p.m.

### Vintage Movie Series Mondays @ 7:00p.m.

September 10 Advise and Consent

September 17 To Kill a Mockingbird

September 24 Lolita

### Understanding Robotic Surgery

Thursday September 13 7:00-8:00p.m.

### The Bay of Pigs

Thursday September 20 7:00-8:00p.m.

## Art Exhibits at the Guilford Free Library

July: Haywood Gatling and Chris Ferguson

August: Sue Gerschefski and Lisa Lee

September: SARAH

### Summer Hours

9:00a.m. - 8:00p.m.

9:00a.m. - 6:00p.m.

9:00a.m. - 5:00p.m.

9:00a.m. - 1:00p.m.

Monday & Thursday

Tuesday & Wednesday

Friday

Saturday

## Henry Whitfield State Museum



Open Wednesday to Sunday, 10 am - 4:30 pm (last tickets sold at 4 pm) Unless otherwise noted, exhibits and programs are available from 10 am to 4:30 pm, do not require reservations and are included in the regular museum admission price. Admissions: \$8 Adults (18-59), \$6 Seniors (60+), \$6 College Students (with ID), \$5 Youth (6-17), Free (5 & under).

### JULY

**Wed. 4** - Closed for Independence Day holiday.

**Thurs. - Sun. Frederick Lee & the War of 1812**, special exhibit, 5 - 8 featuring artifacts from the first captain of *Eagle*, East Guilford's Frederick Lee.

**Sun. 22 - Make Your Marke**, try your hand at designing a Native American symbol for yourself and use a quill and ink to draw it.

### AUGUST

**Wed. - Sun. - What the ...?** Guess what the mystery artifact on display each week is.

**Sun. 12 - Native American Games & Foodways**, 2 pm, a children's program, with hands-on activities highlighting how Native children played and how they lived off the land, led by staff from Meigs Point Nature Center.

### SEPTEMBER

**Sat. 1- Faulkner's Island Lighthouse exhibit**, learn about the over 200 year history of Guilford's lighthouse and its keepers (thru Sun. Sept. 30).

**Sun. 9 - Meet A Lighthouse Keeper**, 1:30 pm - 4:30 pm, interact with a costumed interpreter who describes the life of a 19th century lighthouse keeper and War of 1812 incidents at Faulkner's Light.

**Sat. 29 - Holiday: The Real Story of Halloween, Thanksgiving & Christmas**, a special exhibit about the origins and myths of the holidays, (thru Fri. Dec. 21).

### OCTOBER

**Sat. 13 - The Archaeology of the Pequot War**, 2 pm, a special lecture by UCONN and Pequot Museum archaeologist Dr. Kevin McBride.

**Sat. 27 - Halloween Hysterics at Henry's**, flashlight tours, scavenger hunts, craft activities, special displays on the Whitfield/Salem Witch Trial connection and the cemeteries under the Guilford Green and tours of the holiday exhibit Holidayze.

248 Old Whitfield Street, Guilford, CT 06437  
[www.cultureandtourism.org](http://www.cultureandtourism.org) - [whitfieldmuseum@ct.gov](mailto:whitfieldmuseum@ct.gov).  
 Michael McBride, Museum Curator II  
 203-453-2457

## Jacobs Beach Project

People visiting Jacobs Beach over the next 2 years will see some major improvements to the park. Thanks to a \$500,000 grant the Parks and Recreation Department has been awarded from the State's Small Town Economic Assistance Program (STEAP), the Town will be able to implement parts of the Master Plan. The improvements will include a boardwalk connecting the playground to the bath house, shade trees, a re-designed parking lot, a tent-like shade structure, benches and improvements to the bath house.

An entry kiosk has already been built and installed by the Guilford High School woodshop class under the direction of Dave Hackett. The kiosk improves the entry area and provides a covered platform for the gate guards who check beach passes, collect daily fees and provide general information to the people entering the park.

Results of a Parks and Recreation Department survey and a Town Plan of Conservation and Development survey indicated that the community wanted improvements to Jacobs Beach. The Parks and Recreation Commission and staff took those comments and contracted with an architect to create the Master Plan. The overall projected cost is about \$1,000,000 and the STEAP grant will allow the Parks and Recreation Commission to implement significant improvements. Design and bid specifications will take place this summer with construction expected in the fall, winter and next spring.

The improvements will clearly make Jacobs Beach Park a better facility for the department's summer day camp and more of a destination for residents.

*Rick Maynard*



## Vista Vocational & Life Skills Center

With operations in the Connecticut Shoreline communities from Guilford to Old Saybrook, Vista Vocational & Life Skills Center (Vista) is a fully accredited, nationally recognized, post-secondary program for adults with neurological disabilities.

Founded in 1989 as an alternative to a traditional college education, Vista has grown into a dynamic and innovative educational program serving over 160 adults. Vista students and members have an array of neurological disabilities such as autism spectrum disorders, acquired brain injury and learning disabilities.

Vista offers a community-based training program designed for individuals who would like to succeed at work and independent living, and who are seeking a non-traditional, non-academic approach to address their needs.

Upcoming Vista community events include the Vista Tour de Shore on October 21, beginning and ending at the Westbrook Elks Lodge in Westbrook and the WALK for Vista on October 28 taking place at Hammonasset State Park in Madison. The Vista Tour de Shore is a fundraising cycling event along the Connecticut Shoreline featuring rides of 5, 25, 40 and 60 miles, while the WALK for Vista is an event highlighted by a beautiful 3-mile walk along the Connecticut Shoreline.



*Pictured (left to right) are Vista members Kevin Lee, Matt Christiaan, Ashley Scherr and Brian Ruddy getting ready for a sail along the Connecticut Shoreline!*

To learn more about the Vista Tour de Shore or to register to participate visit [www.vistatourdeshore.com](http://www.vistatourdeshore.com).

For more information about our programs and services, and the WALK for Vista, please visit [www.vistavocational.org](http://www.vistavocational.org).

## Protect Your Skin

The Department of Public Health reminds the public of the dangers of skin cancer and to protect their skin this summer. According to federal health officials, skin cancer is the most common form of cancer in the US and the most common cancer among 20 to 30 year-olds.

Because no single step can fully protect you from overexposure, DPH suggests following the tips:

- Avoid sun burning, intentional tanning, and using indoor tanning. Use sunless self-tanning products instead.
- Apply sunscreen generously (SPF 15 or higher and containing both UVA and UVB protection is recommended)
- Wear sun-protective clothing
- Seek shade, especially during midday hours
- Use extra caution near water, snow, and sand due to reflection
- Get vitamin D safely through food and vitamin D supplements

For more information, visit the National Council on Skin Cancer Prevention website at [www.skincancerprevention.org](http://www.skincancerprevention.org) or call (301) 801-4422. The Connecticut Department of Public Health is the state's leader in public health policy and advocacy. To contact the department, please visit its website at [www.ct.gov/dph](http://www.ct.gov/dph) or call (860) 509-7270.

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## News from the Tax Office

A reminder to all Guilford taxpayers, especially new homeowners, that taxes are due on July 1. If you own real estate, there are now taxes due. If you do not escrow your real estate taxes and have not yet received a tax bill, call or stop in the Tax Office. Failure to receive a tax bill does not invalidate the tax nor does it prevent interest charges from accumulating. We do not send bills for the second installment of real estate taxes that will become due January 1.

If you no longer have the vehicle for which you are being taxed and did not transfer the registration to another vehicle, please contact the Assessor's Office immediately at 203-453-8010. Do not ignore the tax bill because you still may be responsible for all or part of the tax.

The Town has implemented a new advanced online payment system which allows taxpayers to view an online replica of their paper bill (no fee to view). You can now "Go Paperless" with e-billing which reduces paper clutter and filing and helps the environment. Electronic check/ACH payments are accepted online as well as credit cards (there is a fee to make payments). To access the

new system, go to [www.ci.guilford.ct.us](http://www.ci.guilford.ct.us) and click on "View or Pay Tax Bill". Payments online or by mail are encouraged and will save a trip to the Town Hall and avoid standing in long lines. When making payment by mail, be sure a check or money order in the exact amount accompanies the tax bill. Mail all payments to: Tax Collector, 31 Park Street, Guilford, CT. 06437. The Tax Office is in the Town Hall and is open from 8:30 a.m. to 4:30 p.m. daily, Monday through Friday, except holidays.

Once a tax bill becomes delinquent, a follow up notice will be sent out with interest added accordingly. If the tax bill is still not paid, the account will be turned over to the State Marshal for collection with added cost to the taxpayer. If for some reason you are having financial difficulties at this time and cannot pay the taxes in full, please call the Tax Collector's office at 203-453-8014 and Tax Collector, Dolly Mezzetti, will be happy to talk with you and work out a payment plan.

*Dolly Mezzetti, Tax Office*

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*Thank you to all of my clients for your continued business throughout the year.*



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# GUILFORD NEWCOMERS' GUIDE

## WELCOME TO OUR TOWN!

On behalf of *Events Magazines*, Welcome to Guilford.  
Whether you are new to Connecticut or just new to Guilford,  
you will find wonderful places and people to visit in town.

Below are important phone numbers. Please tear out this page and keep it for future reference.  
*Events Magazines* and Essex Printing support local businesses.

### BUSINESS & PROFESSIONAL SERVICES

#### ARCHITECTS

Essex Squared LLC .....860-767-2847  
Joseph Bergin Architect P.C. ....860-767-2765

#### ARTISANS

Blue Moon Artisans.....203-453-5845

#### AUTO CARE

Madison Motors .....203-245-2988

#### BANK

Essex Savings Bank .....203-318-8611

#### CLOTHING BOUTIQUE

Attitude Plus .....203-421-6333

#### COINS

Guilford Coin Exchange .....203-453-9363

#### DAY CARE

Bambini Day Care & Learning Center  
.....203-457-9818

#### DOG GROOMING

Ruff Cuts Grooming .....203-488-9756

#### SPECIALIZED ADULT EDUCATIONAL PROGRAMS

Vista Vocational & Life Skills Center ..860-399-8080

#### EXTERMINATOR

Professional Exterminating Company, Inc.  
.....203-453-9020

#### FLOOR COVERING

Westbrook Floor Covering.....860-399-6161

#### FROZEN YOGURT

Frogurt Time .....203-458-1260

#### FURNITURE

Madison Furniture Barn .....860-399-7846

#### GOURMET MARKET

Forte's Gourmet Food Market & Catering  
.....203-453-4910

#### HEARING AIDS

County Hearing & Balance .....203-245-1950

#### HEATING FUEL

J.J.Sullivan Fuel & Propane ..... 203-453-2781  
Moroni & Son Oil Company  
.....860-388-2298

#### INSURANCE

State Farm - Lauren LaTorre-Osterling  
.....203-245-4555

#### JEWELRY

Paul C. Lirot Jewelers .....203-245-0320

#### KITCHEN

The Kitchen Store .....203-458-7700

#### MEDICINE

Health Options - Dr. Steven Jacob ....203-453-2611

#### REALTY

William Raveis - Betty Martelle .....860-333-7117

#### PAINT & HARDWARE

Country Paint & Hardware .....203-481-5255

#### PIZZERIAS

Centro Pizza .....203-453-8654  
Farina Pizzeria.....203-457-9111

#### PODIATRY

Center Podiatry .....1-800-676-3668

#### PRINTER

Essex Printing .....860-767-9087

#### PACKAGE STORE

Spirits of Madison .....203-245-9695

#### MED SPA

Sonas Med Spa .....203-245-2227

Want to be listed on the Newcomers' page?  
Call Ward Feirer at 914.806.5500



# GUILFORD TOWN HALL DIRECTORY

[www.ci.guilford.ct.us](http://www.ci.guilford.ct.us)

DEPARTMENT	EMPLOYEE / TITLE / ADDRESS	PHONE	E-MAIL
ASSESSOR	Ed Corapinski, Assessor, Town Hall - 31 Park Street	453-8010	corapinski@ci.guilford.ct.us
BUILDING	William Thody, Building Official, Town Hall South - 50 Boston Street	453-8029	thodyw@ci.guilford.ct.us
ECONOMIC DEVELOPMENT	Brian McGlone, Economic Development Coordinator, Town Hall - 31 Park Street	453-8071	mcgloneb@ci.guilford.ct.us
ENGINEERING	James Portley, Town Engineer/Facilities Mgr. Town Hall South - 50 Boston Street	453-8029	portleyj@ci.guilford.ct.us
ENVIRONMENTAL PLANNING	Kevin Magee, Environmental Planner, Town Hall South - 50 Boston Street	453-8146	mageek@ci.guilford.ct.us
FINANCE	Sheila Villano, Finance Director, Town Hall - 31 Park Street	453-8027	villanos@ci.guilford.ct.us
FIRE	Charles Herrschaft, Fire Chief/Fire Marshal, Fire Headquarters - 390 Church Street	453-8056	gfd10@guilfordfire.com
GUILFORD LAKES GOLF COURSE	Ted Tighe, Golf Course Superintendent, 200 North Madison Road	453-8217	guilford_lakes@hotmail.com
HEALTH	Dennis Johnson, Director of Health, Town Hall South - 50 Boston Street	453-8118	johnsond@ci.guilford.ct.us
HOUSING AUTHORITY	Guilford Court - 32 Guilford Court Boston Terrace - 41 Boston Terrace Sachem Hollow - 310 State Street	453-4760 453-4760 453-4760	
HUMAN RESOURCES	Mitch Goldblatt, Director of Human Resources, Town Hall - 31 Park Street	453-8220	goldblattm@ci.guilford.ct.us
LEGAL/PURCHASING	Pamela Millman, In-House Counsel/Purchasing, Town Hall - 31 Park Street	453-8015	millmanp@ci.guilford.ct.us
LIBRARY	Sandy Ruoff, Library Director, Guilford Free Library - 67 Park Street	453-8282	sruoff@guilfordfreelibrary.org
MARINA	Rod McLennan, Dockmaster	453-8092	townmarina@att.net
Parks & Recreation	Rick Maynard, Park & Rec Director, Community Center - 32 Church Street	453-8068	maynardr@ci.guilford.ct.us
Planning & Zoning	George Kral, Town Planner, Town Hall South- 50 Boston Street Regina Reid, Zoning Enforcement Officer - Wetlands	453-8039 453-8039	kralg@ci.guilford.ct.us reidr@ci.guilford.ct.us
POLICE	Tom Terrible, Police Chief, Police Headquarters - 400 Church Street Animal Shelter Routine Calls	453-8244 453-8083 453-8061	terribilet@ci.guilford.ct.us
PUBLIC WORKS	Tom Fillion, Highway Superintendent, Public Works Garage - 47 Driveway	453-8081	filliont@ci.guilford.ct.us
REGISTRAR OF VOTERS	Louise Graver, Registrar, Town Hall- 31 Park Street	453-8028	registrar@ci.guilford.ct.us
SELECTMAN'S OFFICE	Joe Mazza, First Selectman, Town Hall- 31 Park Street	453-8021	mazzaj@ci.guilford.ct.us
SOCIAL SERVICES	Tammy DeFrancesco, Social Services Director, 263 Church Street	453-8009	defrancescot@ci.guilford.ct.us
STUMP DUMP		453-8029	
TAX COLLECTOR	Dolly Messetti, Tax Collector, Town Hall - 31 Park Street	453-8014	mezzetid@ci.guilford.ct.us
TOWN CLERK	Jan Teft, Town Clerk, Town Hall - 31 Park Street	453-8001	
TOWN PROPERTIES	Steve Neydorff, Facilities Engineer, Town Hall South - 50 Boston Street	453-8487	neydorffs@ci.guilford.ct.us
TRANSFER STATION	Frank Cole, Leadman, Transfer Station, 1900 Boston Post Road	453-8095	
YOUTH & FAMILY SERVICES	Lyne Landry, Director, 36 Graves Avenue	453-8047	landryl@ci.guilford.ct.us

## Health Options, a Jewel in Guilford

Health Options, Center for Wellness, which is located in the beautiful downtown historic district of Guilford, has planted its seed on the shoreline as a go-to place to find some of the best practitioners to fulfill your healthcare needs.

One of these practitioners is Dr. Steven Jacob, co-owner of Health Options. Dr. Jacob is a Doctor of Oriental Medicine, which comprises the treatment modalities of acupuncture, herbal medicine, diet and meditation.

In addition, Dr. Jacob has been trained in numerous hands-on modalities such as Jin Sin Jyutsu, myofascial release, strain/counterstrain to name a few. He has also studied with many respected therapists in their specific fields. The latest training he has taken on is Integrative Manual Therapy. When asked, why do you continue your studies? Dr Jacob said, "No system is fully complete. I'm constantly looking to study techniques or systems that would make me a better, more rounded practitioner."

In Dr. Jacob's practice he has successfully treated many common ailments. Among these are back and joint pain, allergies, peri and menopausal symptoms, infertility, menstrual issues, headaches and digestive issues.

For a consultation or an appointment with Dr. Jacob, please call Health Options, 133 State St., at (203) 453-2611 or go to their website to read more about him or the other practitioners at [www.healthoptionsct.com](http://www.healthoptionsct.com).



**Steven Jacob D.O.M.**

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## News from the Assessor's Office

**MOTOR VEHICLE TAX BILLS** were mailed in June. If you sold or totaled your vehicle, between October 2nd and August 31st, and did not replace it, you may, with the submission of acceptable proof, be eligible for a tax reduction for that motor vehicle tax bill.

**PERSONAL PROPERTY DECLARATION FORMS** will, as a courtesy, be mailed in September to all persons known to be conducting business in the Town of Guilford as of October 1, 2012. Said forms must be filed by November 1, 2012 otherwise penalties will be applied.

The following is an abbreviated look at some of the exemption programs that the Assessor's Office administers. Some programs are State Programs which means they are available in all towns. Some are Local Programs which means they are only available in Guilford or other towns that have also passed an ordinance authorizing that particular program. If you think you might be eligible for any of these programs, please call the Assessor's Office, Monday through Friday, 9:00 am to 4:00 pm for more information. There is also additional information about these programs (and other important information) on the Town's website: [www.ci.guilford.ct.us](http://www.ci.guilford.ct.us) under Departments; Assessor's Office. Please note: Exemptions are always stated in assessment dollars. To calculate the actual tax savings, multiply the assessment exemption amount by the appropriate mill rate (e.g., the assess-

ment exemption amount is \$1,000 and say the mill rate is 22.36 so the tax savings is \$22.36 or \$1,000 times 0.02236).

**VETERANS (state program)** must have their honorable discharge papers (full copy DD-214: must contain Block #24) on file with the Town Clerk by September 30, 2012 in order to receive a \$3,000 assessment exemption on the October 1, 2012 Grand List. Once filed in Guilford, there is no need to re-file. Veterans moving into Guilford from another town must re-file their DD-214 in Guilford by September 30, 2012 to receive this exemption. Administratively, the exemption is applied to real estate, even if recorded in the spouses name only. If real estate is not owned, then it is applied to one's motor vehicle.

**VETERANS (local program)** who qualify for the above-described program, may, depending upon income, qualify for an additional \$10,000 assessment exemption. Income, including Social Security, cannot exceed \$57,300 for a single individual and \$64,500 for a married couple. Applications must be filed no later than October 1, 2012.

**VETERANS (state program)** who qualify for the Veterans State Program (described above), may qualify for an additional exemption depending upon income. The amount of the assessment exemption will vary. Income cannot exceed \$32,300 for a single individual or \$39,500 for a married couple. Applications must be filed no later than September 30, 2012.

**DISABLED TAXPAYERS (state program)** must file their Award Letter (issued by the Social Security Administration) with the Assessor's Office by October 1, 2012 in order to receive a \$1,000 assessment exemption.

**DISABLED TAXPAYERS (local program)** who qualify for the above-described program, may qualify for an additional \$1,000 assessment exemption depending upon income. Income cannot exceed \$32,300 for a single individual and \$39,500 for a married couple. Applications must be filed no later than October 1, 2012.

**BLIND TAXPAYERS (state program)** must file a Certification of Legal Blindness (issued by the Board of Education and Services for the Blind, State of Connecticut, Wethersfield, CT) with the Assessor's Office by October 1, 2012 in order to receive a \$3,000 assessment exemption.

**BLIND TAXPAYERS (local program)** who qualify for the above-described program, may qualify for an additional \$2,000 assessment exemption, depending upon income. Income cannot exceed \$32,300 for a single individual and \$39,500 for a married couple. Applications must be filed no later than September 30, 2012.

**FARM AND OPEN SPACE (state program)** applications must be filed between September 1, 2012 and October 31, 2012.

**FOREST LAND (state program)** applications must be filed no later than October 1, 2012.

**FARM BUILDINGS (local program)** used exclusively for farming activities by farmers who are receiving an exemption for their farm equipment may be exempt. An application must be filed no later than October 31, 2012.

*Edmund Corapinski*

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## How to Tell if You Will Age Well

We all do it. Compare ourselves to other women and either feel good for our age or wonder "How does she do it?" How is it that some women in their 60's and 70's still look young and vibrant and some women in their 30's look worn and tired? While environmental and lifestyle factors play a major role in how you age, pure genetic luck also plays a part. A 2009 study of twins published in the Archives of Dermatology revealed that up to 60 percent of skin aging is due to genetics. But don't count on your genes to save you from a poor lifestyle. Environmental damage determines the speed at which you age. You can have the best genes in the world, but if you are a smoker or a sun worshiper, you are going to look 10-15 years older.

So, how can you tell if you will age well? Here are some factors to consider.

**Your parents aged well** - First degree relatives are the best indicator of how you'll age because genes direct the cell functions that affect your appearance. The rate at which our cells turn over and how quickly damage is repaired is something that we inherit from our parents. We also inherit how much collagen we produce.

**You have a baby face** - Although we glamorize angular, chiseled features, those of us with round faces actually age better. Fortunately, dermal fillers help those of us with less volume.

**You have high cheekbones** - There's a reason why everyone loves great bone structure. When we are younger, our faces have the shape of an upside-down triangle. As we age, our skin sags and jowl develop, changing our face from an upside-down triangle to bottom heavy. Higher cheekbones help support your face, keeping that triangle shape longer.

**You have olive toned skin** - Lighter skin burns quicker and more easily which can give you more lines and wrinkles. Also, lighter skin usually produces less oil than their darker counterparts. However, there's a catch. Because lighter skin burns faster, these individuals get a signal to come out of the sun sooner. People with darker skin don't get that signal and can be lured into a false sense of security. The bottom line is that if you don't wear sunscreen daily, your darker skin won't protect you for very long.

[Dr. Susan O'Malley, Founder and Medical Director of Sonas Med Spa is dedicated to helping women maintain their beauty without surgery. To learn more about Dr. O'Malley or Sonas Med Spa, visit [www.sonasmedspa.com](http://www.sonasmedspa.com) or call 203 245-2227 for a free consultation.]





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# Catalytic Converters 101

You've heard the term, heard horror stories about expensive repairs to pass emissions, but what is a catalytic converter and what is its purpose?

A catalytic converter or "cat" is a device used to convert toxic exhaust emissions from an automobile engine into non-toxic substances. Have you ever driven behind an older pre-1970's car and smelled that heavy, fuel laden exhaust smell? Well, that is a pre-catalytic converter vehicle.

As part of the exhaust system, a catalytic converter stimulates a chemical reaction in which noxious byproducts of combustion are converted to less toxic substances. Most modern vehicles that run on gasoline are fitted with a "three way cat" so named because it converts the three main pollutants in automobile exhaust (the bad stuff).

The first catalytic converters appeared in the U.S. in the 1975 model year to comply with tightening U.S. Environmental Protection Agency Regulations.

Catalytic Converters are essentially maintenance free but there are a few things you can do to avoid a costly catalytic converter replacement:

Pay attention to your "Check Engine Light". One of its jobs is to monitor the health of your cat. Use your car's recommended fuel. If your vehicle specifies the use premium fuel, use it! If your vehicle gets limited use, make sure to take it out on the highway once in a while to eliminate accumulated condensation and avoid rust. You can thank Eugene Houdry, the French mechanical engineer, for inventing the catalytic converter, cleaning up automobile exhaust air pollution and making engines more efficient.

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## Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities. Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability.

Collectively, they planted the seed that would bloom into Growing Possibilities. Adults on the Autism Spectrum hold many talents, yet today only 12% of adults with ASD are employed. Our Mission is to grow independence in the business world.

Call us today to plan for your next recognition event. We supply for anniversaries, birthdays, special accomplishments, recognition events, etc. We are a local farm planting the seeds of possibilities for the autism community. Your rose purchase supports the development of inclusive work-place opportunities for adults on the autism spectrum. We are Pinchbeck's Rose Farm, located at 929 Boston Post Road in Guilford, CT 06437. 203.453.2186.

[www.rosesforautism.com](http://www.rosesforautism.com) or [www.rosesforautism.com](http://www.rosesforautism.com)

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